



Age 3 - 6



What I desire from you in order to develop confidence, trust and safety with myself and others.

- Encourage me to try out many things and support my joy at exploring. That way I can find out what I'm capable of. If I master something, let me do it on my own.
- Compliment me on achieving things.
- Stay close to me in order to know what I'm doing.
- I want to get to know everything around me. Let me touch, knead and smell.
- Let me experience the consequences of my actions.
- Protect me from dangers and hazards.
- Give me clear boundaries, but not too many.
- Explain the boundaries to me calmly, rather than in an argument.
- Do not expose me in front of others. If you have something to say to me, take me aside and talk to me one on one.
- In favor of a good night's sleep after an argument, let me know that things are ok in the evening.
- For me to be able to sleep, I need comfort, the feeling of security and a quiet atmosphere. These can be achieved, for example, by a night light or bedtime stories.
- Being sad when you drop me off at kindergarten is normal, so I'm allowed to cry. When you leave, say goodbye and leave quickly.
- Tell me what to do instead of what not. "Use the fork to eat" is better than saying "Don't eat with your hands".
- Always pick me up on time. When I'm sick, I need lots of rest and care by a familiar person. If I have fever, I want to stay home.
- Sometimes it is hard for me to wait my turn. Nevertheless, expect me to because it is important for me to learn.
- You are my role model. Be aware that I will mimic your behavior. If you scream at me in difficult situations, I will scream back at you.
- Be a good example in the search for solutions.
- Perceive my feelings, especially when they overwhelm me. Because I'm a child, I am not very experienced at coordinating my emotions. Help me by remaining calm and naming the feeling. When I'm sad, comfort me and when I'm angry, give me time and a place where I can calm down.
- By eating collectively, I experience us as a family.
- At my age, 30 minutes a day of TV and video-games are enough. Nintendo, smartphones and tablets aren't appropriate. I enjoy you reading to me, as well as playing board games and cards.
- Give me courage to go to school.

Der Runde Tisch Frühe Kindheit ist ein Zusammenschluss verschiedener Institutionen, Berufsgruppen und Beratungsstellen. Alle Beteiligten arbeiten mit kleinen Kindern und deren Familien.

Der Runde Tisch sieht seine Aufgabe in einer intensiven Vernetzung der einzelnen Beteiligten zum optimierten Handeln für Familien und deren Kinder.

Mitglieder des Arbeitskreises **Runder Tisch Frühe Kindheit** (Dezember 2015):

SCHWANGERSCHAFTSBERATUNGSSTELLEN:

- pro familia, • Evangelisches Beratungszentrum,
- Sozialdienst katholischer Frauen, • Landratsamt Würzburg

KLINIKEN:

- Universitätsklinikum Würzburg Sozialpädiatrisches Zentrum/Frühdiagnosezentrum,
- Missio Kinderklinik am Mönchberg
- Missionsärztliche Klinik Geburtshilfe

ERZIEHUNGSBERATUNGSSTELLEN:

- Evangelisches Beratungszentrum, • Stadt Würzburg, • Sozialdienst katholischer Frauen

SCHREIBABYBERATUNG:

- Sozialdienst katholischer Frauen

KINDERTAGESSTÄTTEN:

- Evang. Kindertageseinrichtung Villa Wichtel, • Kinderhaus St. Albert,
- Kindertagesstätte St. Barbara, • AWO-Kinderhaus Kleiner Globus,
- Kindergarten Haus St. Gertrud, • Städt. Kinderhaus Bunter Drache,
- Städt. Kinderhaus Sonnenblume

- Interdisziplinäre Frühförderstelle Würzburg Stadt und Land
- KoKi von Stadt und Landkreis Würzburg
- Hebammenpraxis Würzburg
- Kindertagespflege der Stadt Würzburg
- Dr. Monika Böske, Fachärztin für Kinder- und Jugendmedizin

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